

Dental Home Care



When it comes to teeth, our aim is to stay ahead of dental disease. By maintaining healthy teeth and gums, we can:

- Reduce gum disease and pain
- Minimise the need for extractions
- Reduce future anaesthetic duration

Try these tips at home to keep your pet's mouth healthy and pain-free.

Tooth Brushing

This is the gold standard in prevention, which is why human dentists insist we brush every day! If your pet will allow it, tooth brushing is the single most effective way of controlling plaque. Be sure to use pet toothpaste and start slowly.



Dental Diets

These are designed clean your pet's teeth both mechanically (larger, more elastic kibble pushes tarter away from the teeth) and chemically (nutrients in the kibble prevent the growth of bacteria). We recommend Royal Canin Dental or Hills T/D.

Chewing

Effective chewing will push the plaque away from the teeth, similar to wiping the tooth's surface clean. There is a vast range of commercial treat chews on the market which range in quality and effectiveness. We recommend choosing one that has been scientifically tested, such as Greenies.



Maintain a healthy mouth:

- **Mechanically** (physically removing the bacteria from teeth); and
- **Chemically** (killing the bacteria that causes tarter)

Water Additives

These are added to your pet's water bowl which assists in neutralizing the bacteria that causes plaque. Eg. Hexarinse or Oxyfresh